



# EVERYTHING ELSE!

**A five star festive event  
that demonstrates how  
great your Holidays  
can taste...**

**MINUS THE MEAT...**

## **FEATURES WILL INCLUDE:**

- *24th Year! This years fare will be greener than ever with an emphasis on great main dishes without meat.*
- *Over 50 vegetarian creations to taste. Get menu ideas for serving and speak directly to the cooks.*
- *Dr. Art & Natalie Weaver as well as registered dieticians and fitness trainers will be on hand for informal questions.*
- *This years recipes available for purchase, as well as past collections, along with a DVD of the first 20 years of recipes.*
- *Holiday music selections for your enjoyment.*
- *Food store will be open, carrying a variety of vegetarian products.*
- *Special gift drawing from ticket stubs each session for specialty food items and cookbooks.*
- *Several local restaurants will be featuring a variety of vegetarian selections.*

**Come Join Us To Feast On...  
Everything Else!**



**Holiday Tasting!  
Sunday, Nov. 6, 2011**

**Better Living Seminars**  
P.O. Box 700574  
Plymouth, MI 48170

**Your Invitation To  
The  
24th ANNUAL**

# **VEGETARIAN HOLIDAY TASTING EXTRAVAGANZA**

**SUNDAY  
NOVEMBER 6, 2011**



**If You Don't Eat Meat  
What's Left?**

NON PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
PLYMOUTH, MI 48170  
PERMIT NO. 239



**This Event is Endorsed/Sponsored by:**

**Better Living Seminars.**

An organization founded and headed by Dr. Arthur Weaver, M.D., Professor Emeritus, Wayne State University, Head & Neck Cancer Surgeon. The organization is aimed at helping people live better, healthier lives. (248) 349-5683

**Metropolitan Seventh Day Adventist Church & School in Plymouth**  
(734) 420-3131

**Metropolitan Adventist Jr. Academy**

is a fully State Accredited Kindergarten through Tenth grade school. We are open to the public for enrollment. A great place to be for academic excellence in learning from a Christian perspective.  
(734) 420-4044

**Science has now clearly demonstrated that diabetes, heart disease and cancer are largely preventable.** Attending this event will be a big help in moving you toward a healthier lifestyle.

*Dr. Arthur Weaver*



**SUNDAY, NOVEMBER 6, 2011**  
**11:00 a.m., 12:45 p.m. & 2:30 p.m.**

**At Metropolitan Adventist School Gym**  
**15585 Haggerty Road**  
**Plymouth, Michigan 48170**  
**(Just North of 5 Mile Road)**

**DUE TO THE POPULARITY OF THIS EVENT, SESSION SIZE IS LIMITED AND ADVANCE PURCHASE OF TICKETS IS REQUIRED.**

**Please log onto**  
**www.veggieholiday.com**  
**for questions and email responses or to download extra ticket order forms**



**Please mail form below and your check to:**  
**"Holiday Tasting Event"**  
**695 N. Ridge Road, Canton, MI 48187-4635**  
**(Make check payable to: Metro Adventist School)**

**HOTLINE: (248) 446-9176**  
or please log onto [www.veggieholiday.com](http://www.veggieholiday.com)

Cost: \$14.00 Adult  
\$6.00 Child (6-12)  
*(immediate family members only please, for child rate)*  
**(PLEASE PRINT)**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Number of Tickets: Adult \_\_\_\_\_ Child \_\_\_\_\_

**TOTAL \$ ENCLOSED:** \_\_\_\_\_

**PLEASE SELECT DESIRED SESSION**

*Please arrive within 10-15 minutes of your session*

*Order 1st to 3rd choice*

**Session 1**  11:00 a.m. - 12:45 p.m.

**Session 2**  12:45 p.m. - 2:30 p.m.

**Session 3**  2:30 p.m. - 4:00 p.m.

• How many years have you attended this event? \_\_\_\_

• Is this your first time? \_\_\_\_\_

***Because of lack of space & manpower, no childcare is available***